

**Population:**

Approx. 782,000 city inhabitants and 1.9 million habitants in the region.

Opening hours:

Normal business hours are 10.00-18.00 Monday-Friday and 10.00-15.00 on Saturdays. Many stores are also open on Sundays.

Internet:

www.stockholmtown.com

Newspapers:

Svenska Dagbladet
Dagens Nyheter
Expressen
Aftonbladet

Emergency numbers:

112

Tourist information:

Stockholm Tourist Centre
Address: Sverigehuset
Hamngatan 27
Tel. +46 (0)8 508 28 508
Opening Hours: May-Sept
Monday-Friday 9.00-19.00,
Saturdays 10.00-17.00, Sundays
10.00-16.00; Oct-Apr
Monday-Friday 9.00-18.00,
Saturday 10.00-17.00, Sunday
10.00-16.00 (closed 24.12 &
25.12 and 1.1).
www.stockholmtown.com

STOCKHOLM

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Contents: The City, Do & See, Eating, Cafés, Shopping, Bars & Nightlife, Sleeping, Essential Information, Maps

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© Alexander Avdeev

STOCKHOLM

The biggest tourist attraction in Stockholm is the city itself. Looking out in the early morning over the islands, the water and the surrounding hills from one of the city's many bridges is a world-beating experience.

But Stockholm is not simply a vision of timeless beauty. Stockholm is also smart and trendy. Only the really large international metropolises are able to compare favourably with Stockholm for their 'coolness' and artistic flair. The city's restaurateurs, designers and musicians and the never-ending stream of fashionable people through the city centre are continually on the lookout for the very latest trends.

THE CITY



© Serge Lamere

All of the islands, the water between them and the bridges which connect the various parts of the city give Stockholm its unique character. Paradoxically, it is the natural environment which makes the city of Stockholm so special. The countryside is never far away – it is in the water, in the city's many parks and in the clean, fresh air. The natural boundaries which the water creates also mean that different parts of the town have developed their own character.

The large island of Södermalm is the haunt of, and home to, young creative people. In the old working-class quarters here small shops and alternative bars flourish; and trendsetters and bohemians meet in the area around Götgatsbacken, Skånegatan and SoFo (south of Folkungagatan).

Gamla stan (Old Town) is the very foundation and centre of Stockholm. As early as the 13th century the town began to grow on this small island. Nowadays the antique façades, mediaeval cellar-vaults, souvenir shops and restaurants draw tourists from Sweden and around the world.

The heart of modern Stockholm is to be found in the City and the pulse is fastest in the area around Stureplan. This hub is a magnet for the most important restaurants, the most expensive shops and the trendiest people. Kungsgatan and

Hamngatan then cut through the City past the large department stores towards the focal points for Stockholm's public transport.

Behind its historic stone façades Vasastan conceals people involved in the world of culture and the media. It is a district characterised by its quiet neighbourhood life and has two focal points at Odenplan and St. Eriksplan. Around Rörstrandsgatan the pulse of the neighbourhood can be felt even more strongly, with its many small shops and local restaurants. It is here, too, that you will find most antique shops.

The beautiful promenade of Norr Mälarstrand is the principal attraction of Kungsholmen. The promenade begins at Stadshuset (the Town Hall) and finishes at Rålambshovsparken, which on hot summer days is filled with Stockholmers cooling off in the waters of Riddarfjärden.

Östermalm is traditionally the district of the well-to-do and Strandvägen is Stockholm's most expensive address. The neighbourhood around Östermalmstorg is full of exclusive boutiques selling furnishing, clothes and delicatessen. Here there are also many of the town's better restaurants.

In the greater Stockholm area, you will find much more than just the large city parks such as Kungsträdgården and Rålambshovsparken. There are also national parks and lots of other green oases perfect for relaxation, playing and picnicking: the Bergianska botanical garden, the ecological park, palace parks and more. Many parks and gardens are home to statues and buildings that are cultural points of interest.

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DO & SEE



© Marcus Lindström

Kungliga Slottet (the Royal Palace)

In Gamla stan (Old Town) with its view over the Stockholm inlet stands the Royal Palace, which in May 1697 was almost totally destroyed in a fire. The Palace architect Nikodemus Tessin commenced immediately on the erection of a new Palace. In 1754 the Royal Family was able to move back in. The royal family no longer lives here, however – the Palace is largely a museum which shows its State apartments with artworks and furniture from the 1700's and later. The Palace also houses Gustav III's antikmuseum (Museum of antiquities), Skattkammaren (the Treasury) and museet Tre Kronor (the Three Crowns Museum). And within a stone's throw of the Palace lies Kungliga Myntkabinetet (the Royal Coin Collection), Nobelmuseum (the Nobel Museum) and Livrustkammaren (the Royal Armoury).

Address: Skeppsbron/Slottsbacken 1 in Gamla stan (Old Town)
Phone: +46 (0)8 402 61 30
Tickets: 90 Kr (adults), 35 Kr (7-18 years)
Internet: www.royalcourt.se

Birka

During the Viking era the Viking town of Birka was the most important trading centre in Mälardalen (Lake Mälaren valley). The town was founded at the end of the 8th century and was abandoned at the end of the 10th century. Today it is a museum displaying archaeological finds and buildings, which shows how the Vikings lived. Birka can be found on UNESCO's list of World Heritage Sites. Boat tours from the city are available.

Address: Birka is an island in Lake Mälaren
Underground: Strömma Kanalbolaget
Phone: +46 (0)8 587 140 00
Tickets: 265 Kr (return), 200 Kr (one way), 195 kr (only boat ticket)
Internet: www.strommakanalbolaget.com www.raa.se/birka

Stadshuset (the Town Hall)

Stockholm Stadshus (Town Hall) is the symbol of the city. It was finished in 1923 and is built in the national romantic style. The architect is the famous Ragnar Östberg. The Nobel Festival is held here annually in the so-called Blue Hall.

Address: Hantverkargatan 1
Phone: +46 (0)8 508 29 058/+47 (0)8 508 29 059
Internet: www.stockholm.se/stadshuset

Vasamuseet (the Vasa Museum)

In 1628, after a voyage of just fifteen hundred metres, the imposing man-of-war Vasa sank in the middle of the Stockholm inlet. The ship was salvaged in 1961 and restoration is still ongoing. The ship Vasa is an art treasure, and this unique museum is the most visited in Scandinavia.

Address: Galärvarvet, Djurgården
Phone: +46 (0)8 519 548 00
Internet: www.vasamuseet.se

Drottningholms Slott (Drottningholm Palace)

It is here, some distance from Stockholm



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Stockholm Visitors Board



city centre, that the royal family has chosen to take up residence. The Palace, which was erected by the architect Nikodemus Tessin, is built in the same style as the French Versailles, and has an interesting garden in baroque style. The best and most pleasant way to get to Drottningholm is by boat. This will enable you to see the centre of Stockholm from the water. Boats leave from the quay which is just across the bridge from Stadshuset (the Town Hall).

Address: Drottningholms slott, Drottningholm, Lovö
Phone: +46 (0)8 402 62 80 +46 (0)8 587 140 00
Internet: www.strommakanalbolaget.com www.royalcourt.se

Moderna Museet (Modern Art Museum)

A fair-sized collection of modern art is shown in newly renovated, airy premises designed by the architect Rafael Moneo. The fixed exhibitions are complemented by occasional displays. There are guided tours, children's activities and a well-stocked museum shop. The island where the museum is situated, Skeppsholmen, is well worth further exploration.

Address: Skeppsholmen
Phone: +46 (0)8 519 552 00
Internet: www.modernamuseet.se

Djurgården and Skansen

Stockholm's greenest island is Djurgården. On hot days it lures locals and tourists to wander through its beautiful surroundings. Skansen is here too. Besides being an impressive zoological park it functions as a large old homestead museum which shows off an important part of Sweden's cultural heritage.

Address: Djurgården
Phone: +46 (0)8-442 80 00
Internet: www.skansen.se

EATING



© Ferran Traite Soler

Stockholm is nowadays a 'restaurant town' to be reckoned with. It has developed from one offering dreary, traditional and unappetising fare into a city of international cuisine. The most typical thing about Stockholm cuisine today is that, like Stockholmers themselves, it quickly adopts new trends and then admixes influences from around the world to create individualistic recipes.

Lux

On the island of Lilla Essingen, a short taxi ride from the city centre, lies the prize-winning restaurant Lux. As the name suggests, it offers first rate cuisine and is not for those with thin wallets. But the food is praised by critics and public alike. Book a table.

Address: Primusgatan 116
Phone: +46 (0)8-619 01 90
Internet: www.luxstockholm.com

Eriks Gondolen

If you say that the view is fantastic, it sounds as though the cooking might be inferior. This is certainly not the case here. Restaurateur Erik Lallerstedt attracts a high-class clientele from among business people and young, trend-sensitive Stockholmers. Perfect for a finer lunch or just a well-mixed drink.

Address: Katarinahissen, Slussen
Phone: +46 (0)8-641 70 90
Internet: www.eriks.se

Grill Ruby

A meat restaurant in the American style. Grilled meat, spicy sausages and scrambled eggs are among the favourite dishes. Its décor with beautiful stone vaulting create an agreeable ambience which attracts regulars as well as new patrons.

Address: Österlånggatan 14
Phone: +46 (0)8-20 60 15
Internet: www.bistroruby.com

Kjellsons

Simple and good food in the middle of the city. Customers relax in the 1950's ambience here for just a coffee or a full blow out.

Address: Birger Jarlsgatan 36
Phone: +46 (0)8-611 00 45
Internet: www.kjellsons.com

Teatergrillen

As the name indicates, this was earlier a home for actors. Those who are seen and want to be seen come and eat here before they move on to the bar at Riche just around the corner. The food is as excellent as the celebrity factor is high.

Address: Nybrogatan 3
Phone: +46 (0)8-545 035 65
Internet: www.teatergrillen.com

Wårdshuset Ulla Winbladh

Djurgården's best restaurant is a classic and a perfect way to start or round off a stroll. The clientele ranges from those who have eaten Sunday lunch here for the last thirty years to young people who have only recently discovered this gem. Traditional Swedish dishes within a wide price spectrum.

Address: Rosendalsvägen 8
Phone: +46 (0)8-663 05 71

F 12, Fredsgatan 12

If a power lunch or business dinner is on the programme, then F 12 is the place to go. Strategically placed at the government stronghold Rosenbad. Exciting décor and menu with five taste categories: light, nature, ocean, meat and sweet. Sometimes elite chefs are invited from around the world, and celebrities create their own menus. Terrace with open-air bars which in summer turn into cool dance clubs.

Address: Fredsgatan 12
Phone: +46 (0)8-24 80 5
Internet: www.fredsgatan12.com

Marie Laveau

One of the latest additions to Stockholm's restaurant heaven and a safe bet for those who want to mingle with the thirty-something regular clientele. In addition, it is currently Södermalm's natural meeting point despite its location right on Hornsgatan. Equally good for dinner or just hanging around the bar. There are also concerts here, making it a haunt for musical people.

Address: Hornsgatan 66
Phone: +46 (0)8-668 85 00

CAFÉS



© John Snelgrove

Sosta

When Stockholmers want it fast and Italian, he or she goes to one of three Sosta coffee bars in the city. The never ending stream of visitors in need of

caffeine testify that the city's best Coffee is available at Sosta.

*Address: Sveavägen 84, Jakobsbergsgatan 5-9 and Götgatan 30
Phone: +46 (0)8 612 13 49, +46 (0)8 611 71 07 and +46 (0)8 505 259 70*

String

Young bohemians, nerdy record collectors, struggling poets and all the rest of us gathers among the odd furniture in String to enjoy the pleasant atmosphere. Here you can have your coffee in a metal thermos, and the tea in a pot. If you really like it in your picnic chair, why not take it with you as you leave?. All the furniture in the cafe is actually for sale!

*Address: Nytorrgsgatan 38
Phone: +46 (0)8 714 85 14*

Kaffekoppen and Chokladkoppen

These two cafés lie side by side on wonderful Stortorget in the Old Town. Kaffekoppen (the Coffee Cup) is a typical Old Town café with basement vaults and a cozy atmosphere. Its neighbour Chokladkoppen (the Cup of Chocolate) have a little more modern atmosphere and the rainbow coloured flag at the entrance obviously entices a gay clientele.

*Address: Stortorget 18-20
Phone: +46 (0)8 20 31 70*

Blå Porten

This café and restaurant is chosen primarily for its wonderful position in Djurgården and with Liljevalchs art gallery as its neighbour. A piazza-like garden to sit in during the summer. Also serves lunch.

*Address: Djurgårdsvägen 64
Phone: +46 (0)8 663 87 59
Internet: www.blaporten.nu*

Vetekatten

Vetekatten was founded in 1928 and the sitting area have not changed since. It feels a bit like visiting the "old times"! Here, you can enjoy coffee and lighter meals and in the associated bakery shop

you may purchase your sweets to take home. Very pleasant!

*Address: Kungsgatan 55 (entrance from both Kungsgatan 55, Klara Norra Kyrkogatan 26 and Gamla Brogatan 30 (easy access for wheelchairs)
Internet: www.vetekatten.se*

Sturekatten

Like Vetekatten, Sturekatten is a really old-fashioned café. Have a cup of coffee and a bun or a sandwich. Be prepared to climb a few stairs and it easily gets a little crowded. But whether you are in for a romantic date or just need your plain cup of coffee, Sturekatten is the perfect place.

*Address: Riddargatan 4
Phone: +46 (0)8 611 16 12*

SHOPPING



© Joerg Franzen

Stockholm is full of boutiques, department stores and shops of all types, but if you want to buy something a little more special it is necessary to find the right place. There are three major areas for those who are looking for the new, different or exclusive.

In the City towards Östermalm, and in particular the triangle Stureplan – Norrmalmstorg – Östermalmstorg, you will find Stockholm's most exclusive boutiques for furnishing, clothes and accessories.

Biblioteksgatan and the small streets surrounding it contain a series of famous boutiques. Here, for example, we find the shoe shops Rizzo and Don & Donna opposite the ladies' boutique Mathilde.

Nymans Ur is regarded as being one of Stockholm's best boutiques for exclusive watches.

The Swedish designer brand Nygårds Anna which produces modern clothing deeply rooted in Swedish cultural tradition has a boutique on Mäster Samuelsgatan, and on the same street there is also Götrich which has everything a well-dressed man may need. On Jacobsbergsgatan lies the chic Fornarina.

Birger Jarlsgatan begins in style with Gucci and on the same street you will find the exclusive Nathalie Schuterman, the popular Swedish street market We and exclusive ABCD, and at the corner of the mini-shopping arcade Passagen lies J.Lindeberg's boutique.

By all means go into Passagen – Efva Attling has her jewellery shop here and the young ladies' favourite, Mrs H, lies a little further in, as does the young fashion boutique Le Shop.

Then walk up Grev Turegatan, where apart from a chain of other shops you will encounter the Swedish Filippa K, a boutique for girls and one for guys. Filippa Knutsson has successfully staked a claim in the "smart casual" territory.

Almost opposite lies Anna Holtblad, another Swedish designer who assiduously seeks out what is thought to be red hot. Turn onto Humlegårdsgatan and look into the chic Skin Deep. Further on, on the corner opposite Östermalmstorg lies the furniture shop Bruka.

You would do well here to turn into Östermalmshallen, a market hall full of delicatessen and also some cafeterias which offer an excellent lunch, try for example the fish expert Lisa Elmqvist.

Down along Nybrogatan there is a series of shops where you should not miss the

exclusive furniture showroom Nordiska Galleriet.

On Södermalm along Götgatsbacken and SoFo there are some small independent design- and fashion boutiques.

In the middle of Götgatsbacken lies the cosmetics palace C/O Stockholm which also stocks a whole lot of accessories. Swedish paper design can be found at Ordning & Reda and further down, southwards, lies Bruno, a shopping arcade with a selection of smart outlets such as David Design and the Swedish brand Whyred.

On the opposite side of the street from Bruno lies Designorget which offers for sale gadgets of all types, often from small independent manufacturers, perfect for those looking for presents.

If you then make your way a little further to the south and come down towards what is now called SoFo, that is to say "south of Folkungagatan", there is a wealth of the unusual, the small and the amusing. On Skånegatan there is for example the shop Badlands, for all those looking for hard to find DVD films. Pet Sounds record shop on the same street is the best in Sweden for rock, country and indie.

Practically at Nytorget you will find Coctail, and on Södermannagatan Coctail Delux, two shops which have made kitsch their speciality. On Bondegatan lies Sweden's best second hand book shop Lisa Larsson, and also the young ladies' favourite Tjallamalla.

Nytorrgsgatan has two shops, Neu and Le Shop, with cutting-edge alternative fashion, and on Renstjärnas gata we find Boutique Sportif which is the home of street fashion favourites.

Vasastan is home to the majority of antique dealers and a whole lot of smaller

second hand shops, primarily along Odengatan between Odenplan and St Eriksplan, but also on Upplandsgatan and Roslagsgatan.

In Upper East, there is a multitude of shops, cafés and restaurants. The area stretches along the Karlavägen, and the connecting two blocks. Fashion and interior decorating shops are side by side. and the trendy cafés are jostling with the luxurious restaurants in one of Stockholm's most fashionable districts.

NK

The exclusive department store with cult status. And the safe bet for the discriminating. This is where Stockholmers go when they require a gift for someone but don't quite know what. Several international fashion designers have outlets here, and the collection is shown frequently to ensure that the highest standards are maintained. The department store's flagship for fashion is Paul & Friends boutique.

*Address: Hamngatan 18-20
Phone: +46 (0)8-762 80 00
Internet: www.nk.se*

Åhléns

The large department store which has a little of everything, and which also has an increasingly cutting-edge selection every year. The clothing department sells several exciting brands from both Swedish and international designers. Further down in the basement food is sold in a well-stocked food shop.

*Address: Klarabergsgatan 50
Phone: +46 (0)8-676 60 00
Internet: www.ahlens.se*

IKEA

No shop could be more Swedish than this one. IKEA's department store in Kungens kurva (there is also one in Barkaby) is enormous and well-stocked with

everything you can possibly imagine wanting to buy for a home. Large three piece suites are intermingled with teaspoons, and trendy designer gadgets lie alongside the basic range of appliances.

*Address: Kungens kurva, Modulvägen 1, Skärholmen and Barkarby, Barkaby handelsplats
Phone: +46 (0)20-43 90 50
Internet: www.ikea.se*

Glass and Porcelain

Swedish glass and contemporary porcelain products are world famous and very much appreciated by visitors from all over the world. Stockholm has the full range from high quality porcelain and glass ware for everyday use to exclusively designed art.

*Phone: BodaNova-Höganäs Keramik AB +46 (0)8 22 85 45, Stockholms Glasbruk, Skansen +46 (0)8 662 84 48
Internet: www.stockholms-glasbruk.se and www.iittala.com*

Swedish Folk Art

If you like the look of Swedish folk art and handicraft there are a couple of shops you should visit. In Skansenbutiken, at the entrance of Skansen, you will find a good selection.

Svensk hemslöjd offers a wide selection of high quality handicraft. It's the perfect shop to buy your gift or souvenir.

Phone: Skansenbutiken, Skansen +46 (0)8 442 82 68, Svensk Hemslöjd +46 (0)8 23 21 15

Konsthantverkarna

Are you looking for unique, personal handicrafts made by hand the Konsthantverkarna store is the place to go.

The store offers original works from the workshops and studios of craftsmen. Glass, sculptures, ceramics, wallhangings, clothing, jewellery, silver, wood and leather: there's something to suit every taste.

*Address: Konsthantverkarna, Södermalmstorg 4
Phone: + 46 (0)8-611 03 70
Internet: www.konsthantverkarna.se*

Auction Houses

It's easy to find antiques, china, silver and artwork in Stockholm - just visit one of the auction houses! But there are also lots of opportunities to find "ordinary" things. The kind of things you simply can not find anywhere else.

*Address: Arsenalsgatan 4
Phone: Bukowski Auktioner AB +46 8 614 08 00, Stockholms
Auktionsverk +46 8 453 67 00
Internet: www.auktionsverket.se and www.bukowskis.se*

BARS & NIGHTLIFE



© Tomas Mellstrom

Bar life is what oils the wheels of Stockholm society. A large part of the social life of Stockholmers is played out over a beer. The expression "to go and have a beer" is synonymous with socialising and it is rarely just one beer that is drunk, and may not even be a beer at all. To have a beer can just as easily mean to have a gin and tonic or a glass of red wine. The important thing is that one is seen, and that is done at a bar. Choose it with care.

Much of Stockholm's nightlife takes place in bars. The club scene is also important, and clubs targeting differing groups are held on special days. These turn up and disappear at regular intervals and the only way of knowing what's on at a particular time is by looking in the newspapers Friday supplements. Then of course there are a number of permanent night clubs. Here are some safe bets.

Pelikan

The traditional Pelikan beer hall was also the resort of current Stockholmers' grandparents. Pelikan has stood its ground over the years as the most natural place for a pytt (hash of fried diced meat and onions with potatoes) in the dining hall or a beer in Kristallen, the bar area where the accent is oriental and slightly younger.

*Address: Blekingegatan 40
Phone: +46 (0)8-556 090 90
Internet: www.pelikan.se*

Sturehof

Despite being an excellent restaurant, Sturehof's primary function is as Stureplan's most natural place for short or long bar meetings from lunchtime to late night. Three bars of differing character form a sort of three-stage rocket in the nightlife. Don't forget to check out the O bar which lies hidden away up a flight of stairs at the far end of the premises.

*Address: Stureplan 2
Phone: +46 (0)8-440 57 30
Internet: www.sturehof.com*

Spy Bar

Formerly the natural address for the celebrity elite. Nowadays however heavily interspersed with ordinary mortals of all categories. A night club in the correct sense of the word: dark, wild, sexy and fun. Those who want to keep up with the gossip columns will have to keep their eyes open.

*Address: Birger Jarlsgatan 20
Phone: +46 (0)8-545 037 01
Internet: www.thespybar.com*

Berns

If you want to see a real Stockholm nightspot then it has to be Berns. These beautiful premises accommodate a whole gamut of delights for differing tastes, from the popular large dance floor to the smaller bars, from people sipping champagne in the lounge, the restaurant which gradually

transforms into a noisy beer hall, to the trendies who find their way up to the balconies and into the holy of holies – the VIP room. Berns is the pleasure palace that matters.

*Address: Berzelii Park
Phone: +46 (0)8-566 320 00
Internet: www.berns.se*

Café Opera

This is where the international celebrities go when they are on a visit to Stockholm. Otherwise, the clientele consists of an interesting mix of older men out for a business drink, tourists admiring the beautiful décor and young party goers. At night the Café Opera, or Caféet as it is called, transforms into a pulsating night club which often attracts the young and well-to-do.

*Address: Operahuset, Charles XII's Square (entrance behind the Opera)
Internet: www.cafeopera.se*

Riche

Stockholm's most stylish bar is actually two. The door to the left leads straight into a sea of expensive jackets and well-tailored low necklines where there is much flirting, drinking and loud and heated discussion of everything that moves around Stureplan. The door to the right leads to one the city's most splendid bars, which often some famous DJ fills with great music that gets the designer jeans swinging to and fro and the stylish coiffures bobbing up and down in time with it.

*Address: Birger Jarlsgatan 4
Phone: +46 (0)8-545 035 60 (Lilla baren +46 (0)8-545 035 64)*

SLEEPING



© iStock

The majority of Stockholm's hotels make their living from business travellers and this means that the cost of living in the city is relatively exorbitant. In addition, many hotels have holiday offers as they tend to be less fully booked at such times.

EXCLUSIVE Grand Hotel

Stockholm's 'full dress uniform' hotel. Everybody from kings of nations to the king of pop stays at the Grand. Location, service, history, tradition, celebrity factor – all of these speak in favour of the Grand Hôtel, which also boasts one of Stockholm's finest restaurants, Franska matsalen (the French dining room). For those that can afford it, there is nothing you cannot get at the Grand.

*Address: Södra Blasieholmshamnen 8
Phone: +46 (0)8-679 35 00
Internet: www.grandhotel.se*

Hotel Rival

Here you can sleep with Greta Garbo! The Rival has film as its theme, and stills from major movies hang in all of the rooms. This nineteen-thirties building is newly converted and now offers an exciting interior with a high standard of technical appointment. The location on Södermalm is good – central - but nevertheless with the leafy Mariatorget park outside.

Address: Mariatorget 3
Phone: +46 (0)8-545 79 00
Internet: www.rival.se

GOOD VALUE **Scandic Park Hotel**

Stay at the Scandic Park Hotel, with its central location, only 5 minutes from Stureplan. Take a stroll in Humlegården Park or enjoy the hotel's sauna. In the evening you can experience the huzzle and buzzle of the Stockholm nightlife and party at some of Stureplan's many bars and clubs.

Address: Karlavägen 43
Phone: +46 (0)8 517 348 00
Internet: www.scandic-hotels.com/park

Lady Hamilton

A smaller hotel with an almost familiar feel, a stone's throw from the Royal Palace in Gamla stan. The building dates from the 15th century and the décor is heavily based on the use of antiques. For those who want to stay in a central location in comfort and like to know about the wingbeats of history, the Lady Hamilton is perfect.

Address: Storkyrkobrinken 5
Phone: +46 (0)8-506 401 00
Internet: www.lady-hamilton.se

BASIC **Hotel Lilla Rådmannen**

A typically 1950ies building close to the shopping at Drottninggatan. The 36 rooms are simple but pleasant and cosy. This is the hotel you want to stay in if you appreciate friendly and caring staff. A breakfast buffé is included.

Address: Rådmanngatan 67
Phone: +46 (0)8-506 215 00

August Strindberg Hotel

At the top of the bridge you will find Tegnérunden. Here lies August Strindberg Hotel, a charming and personal hotel with 27 rooms and a continental atmosphere. Close to the central train station, theatres,

shopping and everything else Stockholm has to offer.

Address: Tegnérgatan 38
Phone: +46 (0)8 32 60 06
Internet: www.hotellstrindberg.se

STF Hostel Af Chapman

The fully rigged ship af Chapman is one of the most famous landmarks in the city located in Stockholm's city centre on the island Skeppsholmen. It serves as youth hostel and is overlooking the Gamla Stan (the Old Town) and the Royal Palace. All rooms have bunk beds and there is a well equipped guest kitchen but a ecological breakfast buffe is also served.

Special offers if you have a IYHF membership.

Address: Flaggmansvägen 8
Phone: + 46 8 463 22 66
Internet: www.stfchapman.com

Hotel Bentleys

At Drottninggatan, in a charming 1800-century building Hotel Bentleys is situated. You'll find shopping, restaurants and museum just around the corner. The hotel has 60 individually designed rooms, different room categories.

All rooms are non smoking.

Address: Drottninggatan 77
Phone: +46 (0)8-14 13 95
Internet: www.bentleys.se

ESSENTIAL INFORMATION



© Elena Korenbaum

Airports

Stockholm Arlanda Airport lies approximately 40 kilometres north of Stockholm. Airport buses into the city leave approximately every 15 minutes and the journey takes about 40 minutes and costs 95 kronor one way. Arlanda Express is the name of the fast train which covers the same distance in 20 minutes. Train departs 4-6 times per hour. It costs 200 kronor one way. Several years ago some budget travel companies started using Västerås Airport which lies just over 100 kilometres northwest of Stockholm, and Skavsta Airport which lies 104 kilometres south of Stockholm. From both airports buses run to the Central Station in Stockholm. The price is about 130 kronor one way. Bromma Airport lies only 9 kilometres from the city and caters mainly for domestic airlines. Buses depart from the City terminal, a one-way trip takes around 20 minutes and costs 69 kr.

*Internet: www.lfv.se www.flygbussarna.se
www.arlandaexpress.com*

Public Transport

SL, Stockholms Lokaltrafik (Stockholm Local Transport) is responsible for buses, underground, commuter trains and trams. A journey costs from 30 kronor but there is a wide range of travel cards and discount coupons to choose from. A tourist travel card is available for 24 hours and 72 hours, and costs 100 kronor and 250 kronor respectively. More prices, timetables and a map can be found on the website:

Internet: www.sl.se

Taxi

A taxi can be ordered by telephone or hailed on the street. The initial extra charge is at the lowest 38 kronor. During the week a taxi journey within the town costs around 200 kronor but is more

expensive at rush hour and on weekends.

Taxi Stockholm

Phone: 08-15 00 00

Taxi 020

Phone: 020-20 20 20

Taxi Kurir

Phone: 08-30 00 00

Post

Postage stamps can be bought in most kiosks and tobacconists, and also in certain convenience stores.

Pharmacy

There are several chemist through out the city. One is at:

*Address: Klarabergsviadukten 64
Phone: +46 (0)8-454 81 30
Internet: www.apoteket.se*

Dentists

Phone: +46 (0)8-54551220

Telephone

Country code: + 46

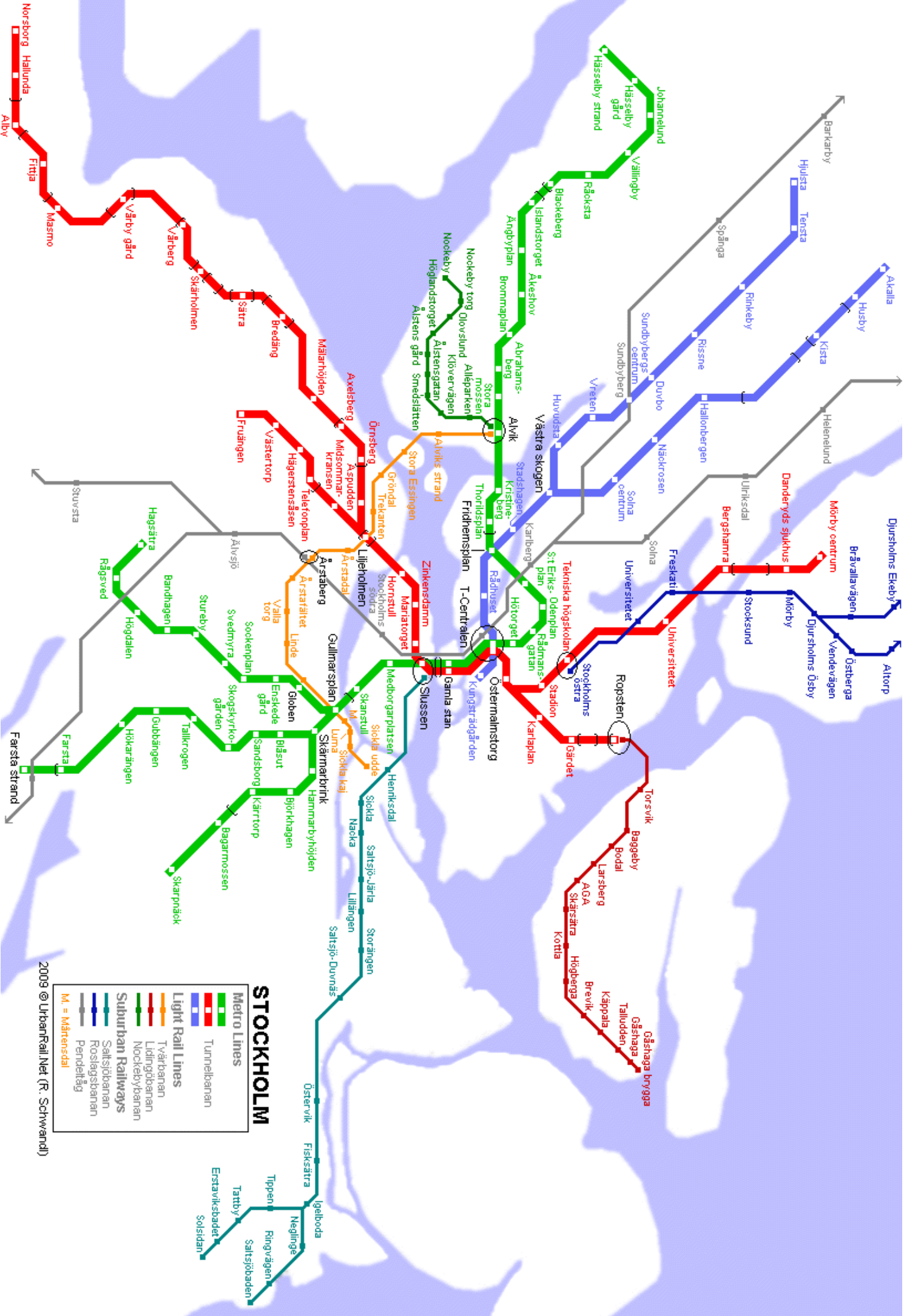
Area code: 08

Electricity

220 V







STOCKHOLM

- Metro Lines**
 - █ Tunnelbanan
 - █ Tunnelbanan
 - █ Tunnelbanan
 - Light Rail Lines**
 - █ Tvärbanan
 - █ Lidingsbanan
 - █ Nockebybanan
 - Suburban Railways**
 - █ Saktisjöbanan
 - █ Roslagsbanan
 - █ Pendeltåg
- M = Månstedsdal

Adolf Fredriks Kyr.	A1	Kocksgatan	C4	Stadshusbron	A2
Amiralsvägen	D3	Kommendörsgatan	C1	Stallgatan	C2
Apelbergsgatan	A1	Kornhamns torg	B3	Stigbergsgatan	C4 D4
Arsenalsgatan	B2	Krukmakargatan	A4	Stora Nygatan	B3
Artillerigatan	C1	Kungsbron	A2	Storgatan	D1 D2
Banérgatan	D1 D2	Kungsgatan	A1 B1	Stortorget	B3
Barnhusgatan	A1	Kungsträdgårdsgata.	B2	Strandvägen	C2 D2
Bastugatan	A4	Kvarngatan	B4	Strömbron	B2
Bellmansgatan	B4	Köpmantorget	B3 C3	Strömgatan	B2
Biblioteksg	B1	Linnégatan	C1 D1	Sturegatan	B1 C1
Birger Jarls torg	A3 B3	Luntmakargatan	A1	Stureplan	B1
Birger Jarlsgatan	B1	Lutzengatan	D1	Styrmansgatan	C2 D1
Björngårdsgatan	B4	Lästmakargatan	B1	Sveavägen	A1 B2
Borgmästargatan	D4	Malmskillnadsgatan	B1	Swedenborgsgatan	A4 B4
Brahegatan	C1	Malmtorgsgatan	B2	Svensksundsvägen	C3
Brunkebergstorg	B2	Maria Prästgårdsga.	A4	Söder Mälarstrand	A4
Brunsgatan	B1	Maria Skolgata	A4	Söderledstunneln	B4
Bryggargatan	A2	Mariatorget	A4 B4	Södermalmstorg	B4
Brännkyrkagatan	A4	Medborgarplatsen	B4	Södra Blasieholmsh.	B2 C2
Centralbron	A2 A3 B3	Mosebacke torg	B4 C4	Tavastgatan	A4
Centralplan	A2	Munkbroleden	B3	Tegelbacken	A2
Djurgårdsvägen	D2	Munkbron	B3	Tegnérgatan	A1
Drottninggatan	A1 A2	Mynttorget	B3	Timmermansgatan	A4
Engelbrektsgatan	B1	Mäster Samuelsgata.	A2 B1	Tjärhovsgatan	C4
Engelbrektsplan	B1	Narvavägen	D1	Tjärhovsplan	C4 D4
Exercisplan	C3	Norra Bantorget	A1	Torkel Knutssonsga.	A4
Fjällgatan	C4 D4	Norrbro	B2	Tyghusplan	C3
Folkungagatan	C4 D4	Norrlandsgatan	B1 B2	Upplandsgatan	A1
Fredsgatan	B2	Norrmalmstorg	B2	Valhallavägen	D1
Gamla Brogatan	A1 A2	Nybergsgatan	C1	Wallingatan	A1
Grev Magnigatan	D1 D2	Nybrogatan	C1	Vasabron	A2 B3
Grev Turegatan	B1 C1	Nybrokajen	C2	Vasagatan	A2
Grevgatan	C1 D1	Nybroplan	C2	Vattugatan	A2 B2
Guldfjärdsplan	B4	Nytorngsgatan	C4	Wittstocksgatan	D1
Gustav Adolfs torg	B2	Olof Palmes gata	A1	Wollmar Yxkullsgat.	A4
Götgatan	B4	Oxtorget	B1	Värtavägen	D1
Hamngatan	B2	Regeringsgatan	B1 B2	Västerlånggatan	B3
Herkulesgatan	A2 B2	Renstiernas gata	C4	Västra Trädgårdsga.	B2
Holländargatan	A1	Repslagargatan	B4	Åsögatan	D4
Holmamiralens torg	C3 D3	Riddargatan	C1 C2 D2	Österlånggatan	B3
Hornsgatan	A4 B4	Riddarhustorget	B3	Östermalmstorg	C1
Humlegårdsgatan	B1 C1	Riksgatan	B2 B3	Östgötagatan	C4
Högbergsgatan	A4 B4 C4	Rosenlundsgatan	A4	Östra Järnvägsgata.	A1 A2
Hötorget	A1	Rådmansgatan	A1		
Jakobsbergsgatan	B1	Rödbodtorget	A2		
Jakobsgatan	B2	Saltmätargatan	A1		
Johannesgatan	B1	Sankt Paulsgatan	B4		
Johannesplan	A1 B1	Sergels torg	A2 B2		
Jungfrugatan	C1	Sibyllegatan	C1		
Järntorget	B3	Sjöbergsplan	B3		
Kammakargatan	A1	Skeppargatan	C1 D1		
Kaptensgatan	C2	Skeppsbrokajen	C3		
Karduansmakargatan	A2 B2	Skeppsbron	C3		
Karl Johans torg	B3 C3	Slottskajen	B2 B3		
Karl XII:s torg	B2	Slussen	B4		
Karlaplan	D1	Slussplan	B3		
Karlavägen	C1 D1	Slussterrassen	B3		
Katarinavägen	C4	Slöjdgatan	A1 A2		
Klara Norra Kyrkog.	A1 A2	Smålandsgatan	B2		
Klarabergsgatan	A2	Stadsgårdshamnen	D4		
Klarabergsviadukte.	A2	Stadsgårdsleden	C4		